

Pledge to Care for the Earth promoted by the Institute of the Sisters of Mercy

Please print this form and share with your church, neighborhood, workplace etc. Do not have individuals pledge online.

I will commit to three of the following options:

1. Install at least one energy-saving light bulb in your home and/or workplace.
2. Trade one day of driving per week with carpooling, using mass transit, biking or walking.
3. Plant a native perennial or tree.
4. Replace one meat meal a week with vegetarian food.
5. Move thermostat up/down 2 degrees depending on season.
6. Buy at least 10% of local/organic foods.
7. Buy environmentally-friendly dishwashing liquid.
8. Purchase at least one fair trade item.

Name	Email address	Option #1	Option #2	Option #3
1.	_____	_____	_____	_____
2.	_____	_____	_____	_____
3.	_____	_____	_____	_____
4.	_____	_____	_____	_____
5.	_____	_____	_____	_____
6.	_____	_____	_____	_____
7.	_____	_____	_____	_____
8.	_____	_____	_____	_____
9.	_____	_____	_____	_____
10.	_____	_____	_____	_____
11.	_____	_____	_____	_____
12.	_____	_____	_____	_____
13.	_____	_____	_____	_____
14.	_____	_____	_____	_____
15.	_____	_____	_____	_____

Please send the signed pledges to: justice@sistersofmercy.org as an attachment or mail to:

Institute Justice Team
8380 Colesville Road #300
Silver Spring, MD 20910